

Yoyo & The Little Auk



Activity 1 - Musical Allotment

CREATED IN PARTNERSHIP WITH

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Make some music and grow some flowers with Yoyo's grannies and grandpas at the allotment!

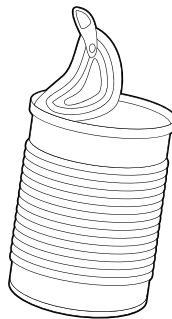
The aims of this activity are:

- To allow me to create my own instrument by choosing from a range of different materials that can be recycled, composted or reused
- To let me use my instrument to play along with the RSNO!
- To allow me to tell you about/show you what I've done and how it makes me feel
- To learn about materials that can be recycled or composted

You will need some of these items:

Something to make the shaker:

- Toilet roll tube (compostable/recyclable)
- Kitchen roll tube (compostable/recyclable)
- Yoghurt pot (recyclable) – preferably transparent for experiential learners as this will allow the contents to be visible
- Tin can (recyclable) – be careful of any sharp edges!
- Paper to seal the ends of the shaker (recyclable)
- Something to hold the paper in place, such as elastic bands or string (this can be reused for something else after the activity is complete)



Something to put inside:

- Seeds such as grass seeds, wildflower seeds, cress seeds, pea seeds, bird seed, etc. (these can be planted after use!)
- Dried pasta (compostable)
- Dried peas (compostable)
- Dried lentils (compostable)
- Rice (compostable)
- Natural objects such as sand with glitter, water with food colouring, pebbles, shells

Something to decorate:

- Decorate with sensory attachments such as ribbons/other recyclable or reusable decorations



The Activity:

This activity can be done indoors or outdoors.

To begin with:

- Tell me that we're going to create our own musical instruments (yay!)
- Show me/let me collect the loose parts I can use (using the list above for guidance)
- Let me explore how to use a combination of these to make a musical instrument and let me decide what I want to do
- Sit with me and make your own instrument so that I have a model to work from if I need it
- Help me to explore different ways of creating by using questions like **"I wonder what would happen if we filled this with peas?"**
- Help me with any bits I'm finding tricky (securing tops/bottoms to things, etc.)

Suggestions for experiential learners:

- **Let's feel these objects**
- **Does this feel good?**
- **You don't seem to like this one**
- **You are smiling, I think you like these**
- **Let's see what they sound like in your shaker**

Then:

- Ask me what instrument I've made – does it have a name?
- Ask me what my instrument sounds like and how it is played – I might be able to show you rather than tell you
- Ask me what I like about my instrument
- Ask me what I like about the instrument you have made (encourage me to look for things that are the same and things that are different)
- Tell me what you like about my instrument

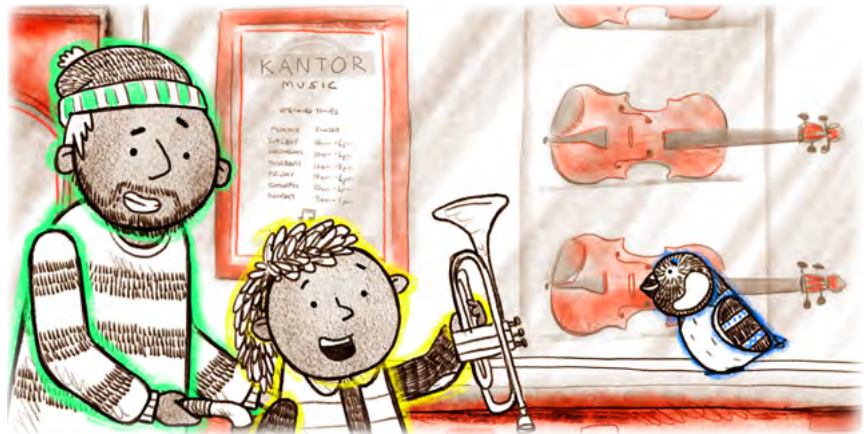
Suggestions for experiential learners:

- **Explore the shaker in different ways as the learner touches, listens, shakes, etc., independently or with help**
- **Carefully observe learner response then feedback using the learner's preferred means of communication. For example, if the learner has responded with smiles, laughs or animated body language, you could say "I see you like the loud sounds in your shaker" while signing loud with preferred signing system**



Once I'm finished:

Play me some music from the **RSNO's Yoyo & The Little Auk** story so that I can play along with my new creation!



Finally:

Talk to me about what recycling, composting, and reusing means - ask me what I know about these processes

- **If I have used plant/veg seeds for my instrument:**
 - Help me make a series of holes at one end of my shaker – they need to be large enough for whatever I have inside to shake out!
 - Help me scatter/plant them in the garden or in a windowsill garden – I can do this by playing my shaker (with holes in it) along to some music. I might also want to dance!
 - If I've used grass or wildflower seeds, you can even take me on a country walk or to the park and I can scatter seeds as I go!
 - Once all the shaky bits have gone, help me to figure out how to take the rest of my shaker apart and whether each part can be recycled, composted, or reused

Suggestions for experiential learners:

- **If the school has a sensory garden or outside planters, this activity could be reinforced by repeating the action**
- **Take extra seeds to refill the shakers several times!**

- **If I have used bird seed for my instrument:**
 - Help me to pour the seeds out somewhere in the garden, or outside my house, in case a hungry Little Auk is passing by
 - Once all the shaky bits have gone, help me to figure out how to take the rest of my shaker apart and whether each part can be recycled, composted, or reused

Suggestions for experiential learners:

- **Pour seeds into lard to make fat balls and hang outside**
- **This would make a good Outdoor Learning project!**

- **If I have used dried pasta/lentils/peas/ etc., for my instrument:**
 - Help me make a series of holes at one end of my shaker – they need to be large enough for whatever I have inside to shake out!
 - Help me use my shaker over the compost bin – I might like to do this while some music is playing, or instead we could sing a song while shaking
 - Once all the shaky bits have gone, help me to figure out how to take the rest of my shaker apart and whether each part can be recycled, composted, or reused



Created in partnership with:



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ABOUT SCOTLAND'S YEAR OF STORIES 2022

Led by EventScotland and VisitScotland, the Year of Stories 2022 spotlights, celebrates and promotes the wealth of stories inspired by, written, or created in Scotland. The Year of Stories 2022 will sustain and build upon the momentum of preceding Themed Years, showcasing a nationwide programme of major events and community celebrations. From icons of literature to local tales, Scotland's Year of Stories encourages locals and visitors to experience a diversity of voices, take part in events and explore the places, people, and cultures connected to all forms of our stories, past and present. Scotland's Year of Stories encourages responsible engagement and inclusive participation from the people of Scotland and our visitors.

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